



95210 Rules & Guidelines

Rules

Participants understand that they should consult with their health care provider prior to starting any diet and/or exercise program.

Participants understand and agree that Team Wellness Challenge, (TWC) and all participating businesses, organizations, governmental agencies and bodies, and participating sponsors are not liable for any injuries that the participant may receive or medical issues that may arise as a result of participation in the TWC and 95210 tracking wellness program. This program is not officially supervised by a medical professional.

Participants are obligated to be honest and forthright in tracking their personal entries of the 95210 tenets, and shall maintain their entries on a daily or regular schedule. False or deceptive entries or acts may render participants ineligible and may be cause for the removal of the participant from the website.

Participants who select a particular **Group membership**, and click "Create an Account", give us permission to provide their;

- 1) name,
- 2) email address,
- 3) monthly cups of water,
- 4) monthly number of entries,
- 5) monthly exercise minutes, sets, and reps,
- 6) monthly number of fruits & vegetables,
- 7) monthly planking minutes,
- 8) monthly points,
- 9) monthly steps & mileage, and
- 10) weight loss (**percentage of weight loss only**, not actual weight) to the Group admin on a monthly basis.

Participants who enter into one or more of the 95210 monthly gift card drawings, and win a gift card, agree to allow TWC to display their names on the 95210 website, promotional material, and social websites.

This participant agreement shall be governed by and construed in accordance with the laws of the state of Florida.

Guidelines

The minimum age of a participant with a registered account with the 95210 tracking system is 11 years of age.

All participants with a registered account are required to have a valid email address for use as their login ID (with the exception of clients using Employee IDs).

Registered participants may add family members to their account.

Prizes

By acceptance of any prize, winner assumes full responsibility for all applicable income taxes, sales taxes, license, and other fees that may apply.

TWC notifies its visitors and members of material changes to the rules and guidelines by providing a last update date, which also serves as the effective date, listed below.

Last updated 2/5/2014

Recently added: providing member planking minutes

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